

**"VULNERABILITY IS THE BIRTHPLACE OF  
LOVE, BELONGING, JOY, COURAGE, EMPATHY,  
ACCOUNTABILITY, AND AUTHENTICITY."**

BRENÉ BROWN

## THE DARING WAY™

SHOW UP | BE SEEN | LIVE BRAVE™  based on the research of Brené Brown

### **Wholehearted Living ~ The Daring Way™ Keys to Connection, Belonging & Knowing You're Enough A 4 Day Transformational Journey**

**Based on the exciting work of Brené Brown Ph.D. Led by:  
Eva Ghioni LMFT, CDW-Facilitator and Linda Ghioni LCSW CDW-Facilitator**

Are you Tired of Hustling for your Worthiness? Come, Learn how to Dare Greatly, Be Seen and Live Brave™. Develop your Self-Compassion and Self-Acceptance through embracing your Vulnerability, Imperfections, and Story, and feel a deeper sense of Belonging and Connection to yourself and to others. Live your life more Fully and Authentically. Experience the Joy of Knowing You Are Enough!

During the process we will explore topics such as Vulnerability, Connection, Shame, Worthiness and Belonging. We will examine the thoughts, emotions and behaviors that are getting in your way, and identify new choices and practices that will move you toward your Joy, Authenticity, Belonging and Connection. The primary focus will be on developing daily Practices that transform the way you live, and love.

**What's included:** All food, accommodations, supplies.

Beautiful Workbooks, Participants Manual, Connection, Transformation, Digging Deep, Laughter, Compassion, Learning, Growth & Fun.

This event is being Hosted by Soul Chicks- go to [soulchicks.com](http://soulchicks.com) for complete information. I will need to speak with ALL participants prior to signing up for workshop. See contact info below.

**Dates:** Sept. / 26-29/ 2019 **Times:**

**Location:** Lake Tahoe at Incline Village

**Cost:** Go to [soulchicks.com](http://soulchicks.com)

For More Information~ Please check out my website, email or call. Looking forward to speaking with you soon, about taking this exciting, life changing journey!

[www.evaghioni.com](http://www.evaghioni.com)

916 995-3166

[info@evaghioni.com](mailto:info@evaghioni.com)

